Gregory L. Jantz, PhD, C.E.D.S. Founder, The Center • A Place of HOPE with Keith Wall

Best-Selling

Author

Dr. Gregory Jantz

Dr. Jantz is the founder of The Center • A Place of HOPE in Edmonds, Washington, voted a Top Ten facility for Depression Treatment in the United States. Dr. Jantz pioneered Whole Person Care in the 1980's and is a world-renowned expert on depression, anxiety, eating disorders, technology addiction and abuse.

He is an innovator in the treatment of mental health, utilizing a variety of therapies including nutrition, sleep therapy, spiritual counseling, and advanced DBT techniques. Dr. Jantz is a best-selling author of 45 books and a go-to media authority on mental and behavioral health afflictions, appearing on CBS, ABC, NBC, and Fox.









