

## Dr. Gregory Jantz

Dr. Jantz is the founder of The Center •
A Place of HOPE in Edmonds, Washington, voted a Top Ten facility for Depression
Treatment in the United States. Dr. Jantz pioneered Whole Person Care in the 1980's and is a world-renowned expert on depression, anxiety, eating disorders, technology addiction and abuse.

He is an innovator in the treatment of mental health, utilizing a variety of therapies including nutrition, sleep therapy, spiritual counseling, and advanced DBT techniques. Dr. Jantz is a **best-selling author of 45 books** and a go-to media authority on mental and behavioral health aictions, appearing on CBS, ABC, NBC, Fox, and CNN.

DR. JANTZ

Best-Selling
Author

Gregory L.Jantz, PhD
with Keith Wall

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